

**September**

Mrs. Kiemele

<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>	
1		2	<i>Planning Day (Dept)</i>	3	<i>Sell clothes/locks</i>	4		5	
<b>Holiday</b>		<b>Lockers/Notes</b>		<b>Boot Camp Test</b>		<b>Assign Lockers</b>		<b>Assign Lockers</b>	
8		9	<i>TLC</i>	10		11		12	
<b>Assign Lockers</b>		<b>Practice Dress/E Drill</b>		<b>Practice Dress/E Drill</b>		<b>First Day Orientation</b>		<b>Pictures</b>	
15		16	<i>Planning Day (Dept)</i>	17		18		19	
<b>Mile Run</b>		<b>BMI</b>		<b>Push Ups</b>		<b>S &amp; R</b>		<b>Curl Ups</b>	
22		23	<i>TLC</i>	24		25		26	
<b>Trunk Lift</b>		<b>Push Ups</b>		<b>Curl Ups</b>		<b>S &amp; R</b>		<b>Make Ups</b>	
29		30	<i>Planning Day (Dept)</i>						
<b>Activity</b>		<b>Activity</b>							