

September

Mr. Siefken

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Locker Assigning	2 <i>Back to School Night</i> Locker Assigning	3 7th Dress/8th Test	4 8th Dress/7th Test
7 Holiday	8 Cali's	9 Mile Run	10 BMI	11 Picture Day
14 Push Ups	15 Sit & Reach	16 Curl Ups	17 Make Ups	18 Make Ups
21 Football	22 Gym	23 Fitness Run	24 Football	25 Fitness Center
28 Class Room	29 Football	30 Gym		